

## Module specification

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Module Code	COU430
Module Title	Theology in practice
Level	4
Credit value	20
Faculty	Faculty of Social and Life Sciences
HECoS Code	100340
Cost Code	GAPS

## Programmes in which module to be offered

Programme title	Is the module core or option for this programme
Standalone module aligned to DipHE Counselling for QA and assessment purposes	Option

## Pre-requisites

N/A

## Breakdown of module hours

Learning and teaching hours	36 hrs
Placement tutor support	0 hrs
Supervised learning e.g. practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
<b>Total active learning and teaching hours</b>	<b>36 hrs</b>
Placement / work based learning	0 hrs
Guided independent study	164 hrs
<b>Module duration (total hours)</b>	<b>200 hrs</b>

<b>For office use only</b>	
Initial approval date	06/03/2023
With effect from date	01/04/2023

<b>For office use only</b>	
Date and details of revision	
Version number	1

## Module aims

Theology is not only an academic discipline, it is practical. For a Christian, theology is practised daily, not only through our words but by our conduct. This module will explore the practices which enhance and bring value to our understanding of God and our relationship with the divine.

## Module Learning Outcomes - at the end of this module, students will be able to:

1	To present an understanding of different spiritual practices (e.g. prayer cells).
2	To consider the role of spiritual practices in faith development (e.g. spiritual direction).
3	To develop effective communication skills within the context of their spiritual formation.
4	To communicate an understanding of healthy spiritual wellbeing.
5	To evaluate their understanding of their vocation and ministerial formation.

## Assessment

Indicative Assessment Tasks:

- Portfolio. Students will keep a journal for the period of the module on their spiritual journey. They will write an extended reflection (2,000) based on the journal which will reflect their understanding of spiritual practice, faith development, communication with others, spiritual wellbeing and their understanding of their vocation.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1, 2, 3, 4, 5	Portfolio	100%

## Derogations

None

## Learning and Teaching Strategies

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A variety of teaching and learning activities will be employed on this course, including those that emphasise interactive learning and student participation. Students will be required to meet with their spiritual director throughout this module and/or their prayer cell. These meetings can be either face-to-face or on-line. Frequency of meetings to be determined in discussion with your module tutor. This module will also use the VLE to provide additional resources and learning support through forums and other interactive means of communication. Delivery will be blended.

## Indicative Syllabus Outline

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- Consideration of different spiritual disciplines.
- Exploration of understandings of good spiritual wellbeing.
- Consideration of the personal practical skills needed to engage with different tools for effective spiritual formation.
- Reflective observation, thinking, and reflection.
- Values and professional principals of communicating with others regarding spiritual formation.

## Indicative Bibliography:

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### Essential Reads

Wilhoit, J.C., *Spiritual Formation as if the Church Mattered: Growing in Christ through Community* (Grand Rapids: Baker Academic, 2008)

### Other indicative reading

Howard, E.B. (2018). *A guide to Christian spiritual formation: How scripture, spirit, community, and mission shape our souls*. Baker Academic.

DeSilva D (2018) *An introduction to the New Testament: contexts, methods & ministry formation*. IVP

## Employability skills – the Glyndŵr Graduate

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Each module and programme is designed to cover core Glyndŵr Graduate Attributes with the aim that each Graduate will leave Glyndŵr having achieved key employability skills as part of their study. The following attributes will be covered within this module either through the content or as part of the assessment. The programme is designed to cover all attributes and each module may cover different areas.

### Core Attributes

Engaged  
Creative  
Ethical

### Key Attitudes

Commitment

Curiosity  
Resilience  
Confidence  
Adaptability

**Practical Skillsets**

Digital Fluency  
Organisation  
Critical Thinking  
Emotional Intelligence  
Communication